

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

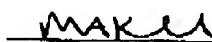
Applicant:	Stearns	Art Unit:	3764
Serial No.:	10/718,763	Examiner:	Amerson
Filed:	11/21/03		
Title:	TORSO EXERCISE METHODS AND APPARATUS		

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Mark A. Krull

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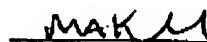
Commissioner for Patents
Attn: Art Unit 3764

Dear Sir:

In connection with the above-identified patent application, transmitted herewith is a 5-page Amendment and Response.

Please consider this a request for any necessary extension of time, including a 1-month extension of time.

Please charge any appropriate fees, including \$60.00 for a 1-month extension of time, to USPTO Deposit Account No. 501463. This document is being submitted in duplicate.


Mark A. Krull
Reg. No. 34,205

(541) 385-0383

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